

Continuity of Care

What is continuity of care?

Continuity of care is the ongoing care and support you receive outside of the Mental Health Unit.

The people in your support network can help you on your path to recovery by providing you with care, support, and understanding.

Your support network can help maintain your mental wellness when you have your involuntary order removed. This can help you avoid being placed back on an involuntary order in the future.

Community and health services

Service providers can help you:

- While you are on an involuntary order
- Prepare for and attend your Mental Health Review Tribunal
- Reach out to other services
- In your recovery to mental wellness
- After your involuntary order has been removed



Self-care during and after your Involuntary Treatment Order

Who could be in your support network?

- Support persons: Carers, family members, friends, partner
- Health service: your doctor/GP, local health workers
- Community service workers
- Independent Advocacy, and legal services

Other local mental health services (not limited to)

FNQ Partners in Recovery (PIR) initiative

Phone: 1800 367 747

Email: fnqpir@centacarecairns.org

Web: www.fnqpartnersinrecovery.com.au

The Junction Clubhouse

Phone: (07) 4081 4640

Fax: (07) 4081 4651

Web: <http://thejunctionclubhouse.org.au>

After Care - Personal Helpers and Mentors service (PHaMs)

Phone: (07) 4052 9000

Email: info.phamsqueensland@aftercare.com.au

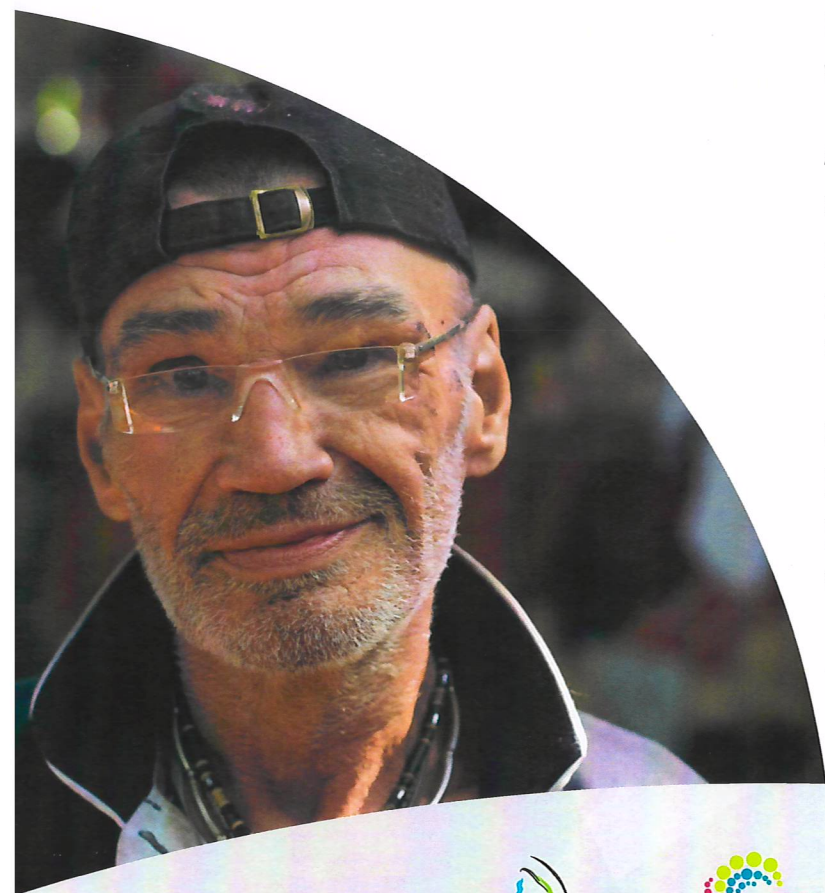
Web: www.aftercare.com.au

Centacare Mental Health Resource Service

Phone: (07) 4051 9622

Email: mhrs@centacarecairns.org

Web: www.centacarecairns.org



Partners in Recovery

Ph: 1800 367 747

Email: FNQPIR@centacarecairns.org

Website: www.fnqpartnersinrecovery.com.au

Rights in Action

Ph: 4031 7377

Email: info@rightsinaction.org

Website: www.rightsinaction.org