

FACT SHEET

Facilitated Support for People with Severe and Persistent Mental Illness with Complex Needs.

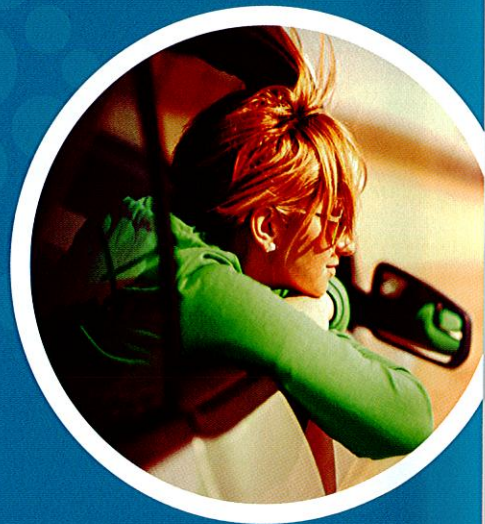
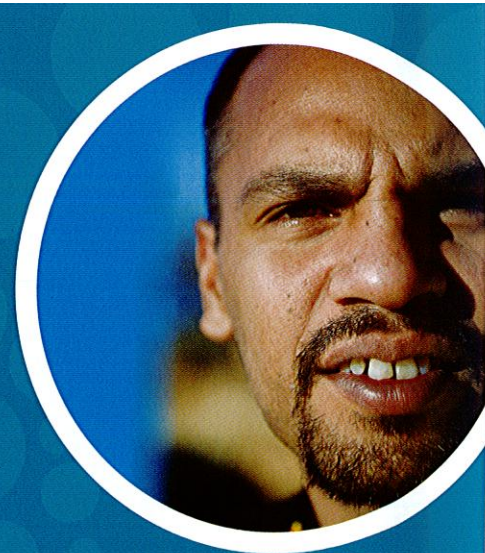
Recovery isn't about getting back to how you were before, its about building something new – Anonymous.

Connecting with or navigating support services when a person is experiencing a severe and persistent mental health condition can often lead to further pressure, anxiety and confusion. Partners In Recovery (PIR) recognises that many people living with a severe and persistent mental health condition have more complex needs than current systems can meet. PIR has been introduced to provide a new level of collaboration in the Far North Queensland region to find new and better pathways to recovery that meet the full range of an individual's needs.

What is Partners In Recovery?

PIR is about supporting people living with a mental illness to access their own recovery supports and services based on the needs of the individual. Our role is to understand and facilitate the addressing of a person's recovery needs through a comprehensive and coordinated response from a range of sectors, including:

- Public, community and specialist mental health services;
- Private psychiatrists and psychologists;
- Primary and secondary health care services;
- Alcohol and other drug treatment services;
- Disability services;
- Income support services (e.g. Centrelink);
- Supported accommodation services and other accommodation providers;
- Personal Helpers and Mentors Program providers;
- Providers of community based living skills programs;
- Vocational rehabilitation, education and employment services;
- Recreation and relaxation programs; and
- Parenting support, child protection, domestic violence and justice services



FNQ PIR will build stronger partnerships between sectors, services and supports, to promote a collective responsibility and encourage innovative solutions. This will ensure individuals are able to access the services and supports needed to sustain and support their optimal health, wellbeing and recovery.

“Having just one person believe in you and trust in you is the beginning of the healing process and the road to recovery”



OUR REGION

FNQ PIR covers the Far North Queensland Medicare Local Region and include areas such as:

- Cairns
- Cassowary Coast
- Croydon
- Etheridge Shire
- Tablelands Shire
- Cook Shire
- Lockhart River
- Torres Strait
- Northern Peninsula Area
- Aurukun
- Mareeba

HOW DOES PIR WORK?

The FNQ PIR Initiative collaborates with a number of local agencies which employ Support Facilitators to assist consumers through:

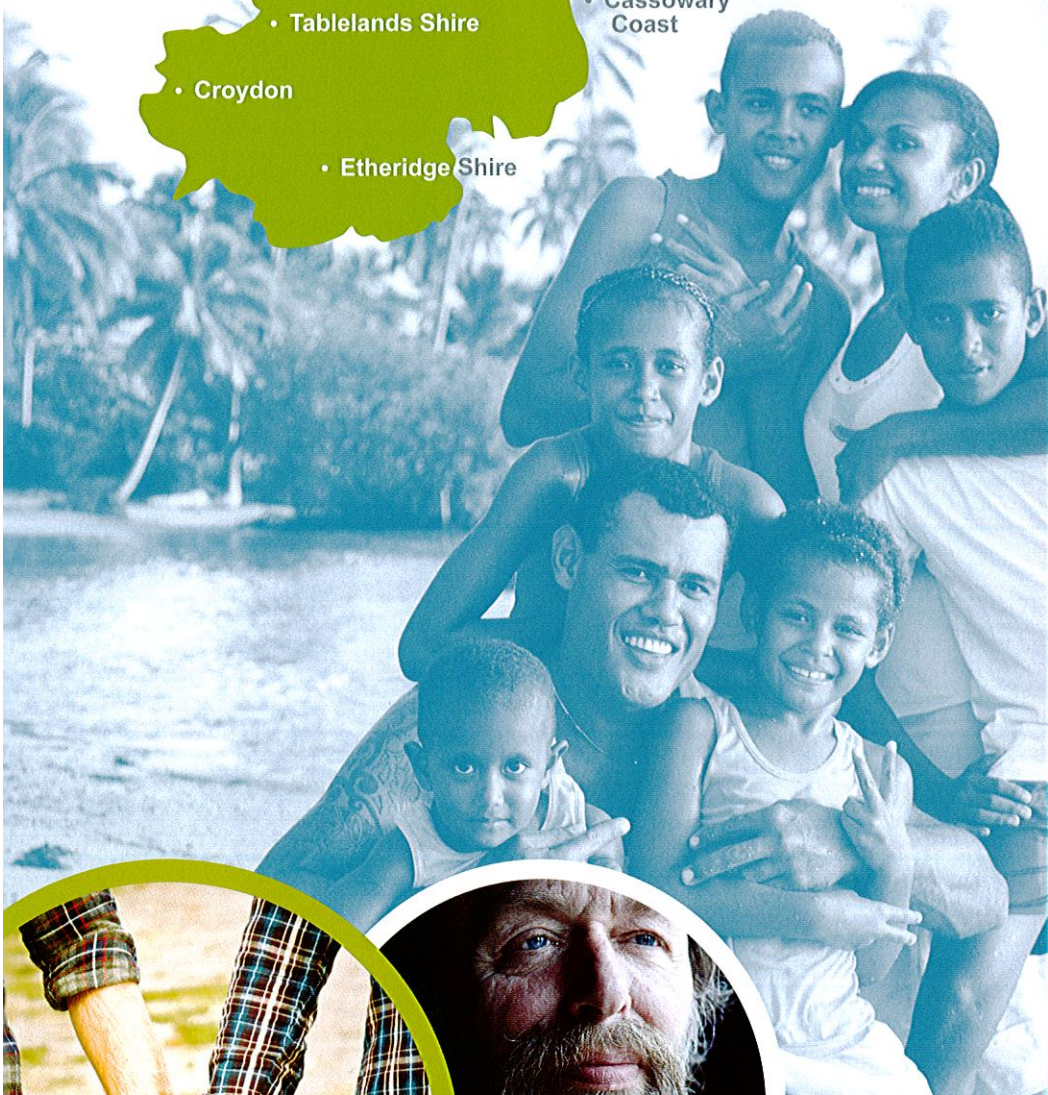
- Identifying support needs
- Assisting with coordinated care and community based recovery
- Collaborating with support and service providers

To access Support Facilitation a consumer, carer or service provider may refer an eligible person to FNQ PIR. The Support Facilitator meets with the consumer and discusses their needs, supports, services and other assistance required by the consumer. The Support Facilitator will then collaborate with the consumer, carer, and service providers to assist the consumer with coordinated care support and recovery.

WHO IS ELIGIBLE?

All referrals are assessed on the needs of the individual consumer and the following eligibility. FNQ PIR is offered to people who:

- Are 25 years and older
- Are experiencing a severe and persistent mental health condition
- Have complex needs requiring services from multiple agencies
- Do not have care coordination arrangements in place



HOW TO CONNECT

To connect with FNQ Partners In Recovery please contact us on:

Phone 1800 FNQ PIR (1800 367 747)

Email FNQPIR@centacarecairns.org

www.fnqpartnersinrecovery.com.au